

Nutrition Program sponsored by Catholic Charities

Sep:20

HDM Hot Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Low-fat milk is served with each meal.</p>	<p>Chopped Steak w/Onion Gravy Oven Roast Potatoes Lemon Buttered Broccoli Pasta Salad Juice Wheat Bread & Margarine</p>	<p>Chicken Parmesan Pasta Buttered Lima Beans Tossed Salad w/dressing Fresh Fruit Garlic Bread</p>	<p>Polish Sausage on Bun Warm German Potato Salad Sauerkraut Diced Peaches</p>	<p>Turkey & Swiss on Wheat Carrot & Cranberry Salad Kidney Bean Salad Juice</p>
<p>CLOSED FOR LABOR DAY</p>	<p>Pork Tenderloin with Herb Gravy Rice Pilaf Savory Carrots Black Bean & Corn Salad Mandarin Oranges Wheat Bread & Margarine</p>	<p>Salisbury Steak w/Brown Gravy Mashed Potatoes Garlic Green Beans Linguine Salad Fresh Fruit Oat Bran Bread & Margarine</p>	<p>Ham & American Cheese on Wheat Bread Green Pea Salad Cole Slaw Juice</p>	<p>Breaded Fish Sandwich on Bun Potato Wedges Mixed Vegetables Cantaloupe Cup Tartar Sauce</p>
<p>Swedish Meatballs w/ Gravy Egg Noodles Buttered Broccoli White Bean Salad Juice Wheat Dinner Roll & Margarine</p>	<p>Orange Glazed Ham Whipped Sweet Potatoes Buttered Peas Marinated Vegetable Salad Oatmeal Cookie Wheat Bread & Margarine</p>	<p>Chicken Cilantro Wild Rice Buttered Spinach Tomato Salad Applesauce Wheat Bread & Margarine</p>	<p>Hot Dog on Bun Baked Beans Buttered Corn Macaroni Salad Juice Ketchup</p>	<p><i>Gravy</i> Open-Face Hot Turkey Sandwich Homestyle Bread Dressing Buttered Sliced Carrots w/Parsley Tossed Salad w/Dressing Pineapple Cup</p>
<p>BBQ Pork on Bun Baked Beans California Vegetable Mix Juice Milk</p>	<p>Hawaiian Ham Steak Confetti Rice Buttered Carrots Marinated Pea Salad Fresh Fruit Wheat Dinner Roll & Margarine</p>	<p>Chicken Breast w/Mushroom Gravy Herb Roasted Potatoes Dill Buttered Green Beans Pasta Salad Peaches Rye Bread & Margarine</p>	<p>Tuna Salad on Wheat Bun Potato Salad Cole Slaw Fruit Cocktail</p>	<p>Cheeseburger on Bun Tomato & Lettuce Potato Wedges Green Peas Juice Ketchup</p>
<p><i>Gravy</i> Sweet n' Sour Pork Rice Oriental Vegetable Mix Cheesy Pea Salad Pineapple Cup Whole Grain Dinner Roll & Margarine</p>	<p>Chopped Steak w/Onion Gravy Oven Roast Potatoes Lemon Buttered Broccoli Pasta Salad Juice Wheat Bread & Margarine</p>	<p>Chicken Parmesan Pasta Buttered Lima Beans Tossed Salad w/dressing Fresh Fruit Garlic Bread</p>	<p><i>HOT MENU</i></p>	