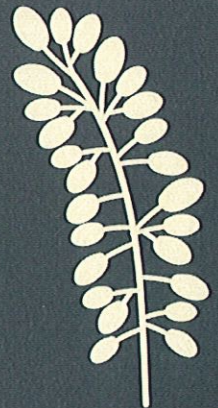


BALANCE, STRENGTH & STRETCH



Mondays
10am to 11am

- \$5 per class *OR*
\$20 Punch Card for 5 Classes
- Wear comfy clothes & gym shoes
- Class can be adapted to **YOUR** level!
- **NO** need to **SIGN** up-just **SHOW** up!



Questions? Call Laura
(815) 338-0125

