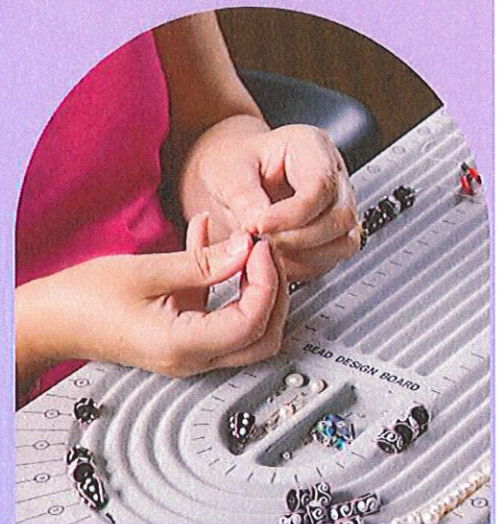
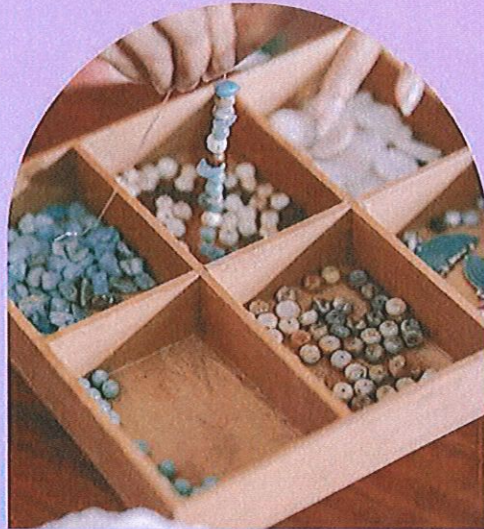
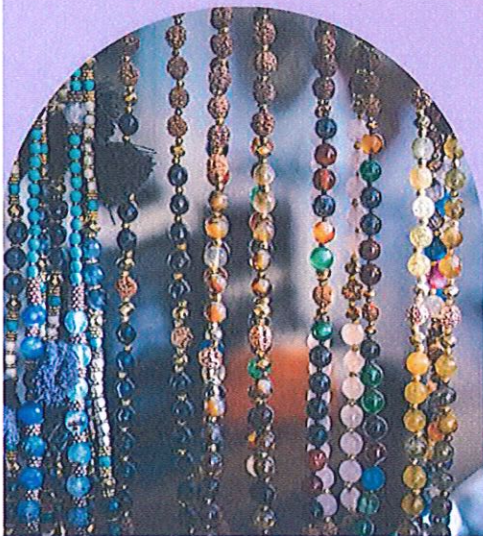


# Beading & Beyond

2nd & 4th Mondays each month  
11am to 12:30pm



## Why Beading?

- Reduces stress
- Increases energy levels
- Develops creativity & imagination
- Improves visual perception & memory
- And, it's an easy way to meet new people & develop relationships

Some supplies are available for your use  
Bring your own projects & tools, too!