

A stylized illustration of a bright yellow sun with rays rising above a dark blue silhouette of clouds. The sun's rays are represented by numerous thin, parallel lines radiating from the top half of the sun.

**RISE & SHINE ON MONDAY
MORNINGS!**

Balance, Strength & Stretch

**MONDAYS
10-10:45 A.M.**

**\$25.00 PUNCH CARD FOR ANY 8 FITNESS CLASSES
OR \$5.00 PER CLASS**

All classes are no impact and are done sitting or standing.

Questions?
Call Laura
(815) 338-0125



Dorr Township
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