



February

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p> <p><i>*Tai Chi</i> 9:30-10:30am</p> <p>BYOL Bingo (\$3) 12-2:30pm</p>	<p>2</p> <p>*KEEP FIT & STRONG 10-11:30am</p> <p>Mah Jongg 10am-12:30pm</p> <p>Pinochle 1-4pm</p> <p>Groundhog Day</p>	<p>3</p>
<p>4</p>	<p>5</p> <p><i>*Balance, Strength & Stretch with Cindy</i> 10-11am</p> <p>Beading 11am-12:30pm</p> <p>SOAR READS! BOOK CLUB Demon Copperhead 1-3pm</p> <p><i>*Tai Chi Evening</i> 6-7pm</p>	<p>6</p> <p>*Chair Yoga 11am-12pm</p> <p>Bunco 1-3pm</p> <p>Euchre 1-3pm</p>	<p>7</p> <p>Cribbage 9-10am</p> <p>TOPS 9:30-11am</p> <p>Poker 10am-12pm</p> <p>Movers & Shakers 1-2:30pm</p> <p>Canasta 1:30-3:30pm</p>	<p>8</p> <p><i>*Tai Chi</i> 9:30-10:30am</p> <p>Mardi Gras Bingo(\$3) & Pulled Pork Sandwiches (\$5) *Pre-registration and pre-payment are required. 12-2:30pm</p> <p>TRIVIA NIGHT @ STAGE LEFT CAFE 7-9pm</p> 	<p>9</p> <p>*KEEP FIT & STRONG 10-11:30am</p> <p>Mah Jongg 10am-12:30pm</p> <p>SHIP Counseling 1-3pm *By appt. only</p> <p>Pinochle 1-4pm</p>	<p>10</p>

SOAR@Dorr is located at 1039 Lake Ave., Woodstock, in the Dorr Township Building.

If you have questions about any of the activities listed here, please contact SOAR@Dorr director, Laura Wassinger, at 815-338-0125 and at lauraw@dorrtownship.com, or check our website: www.dorrtownship.com for regular updates.

All wellness classes cost \$5 per class. Try your first class for free! An 8 punch \$25 Wellness Pass is also available. This pass can be applied to all classes designated by an (*), and does not expire.

To register for programs or events, sign up in person at: SOAR@Dorr, 1039 Lake Ave., Woodstock, by phone: 815-338-0125, or by the email listed above. All payments must be in the form of cash or check.

<p>11</p>	<p>12</p> <p><i>*Balance, Strength & Stretch with Cindy</i> 10-11am</p> <p><i>*Tai Chi Evening</i> 6-7pm</p>	<p>13</p> <p>The Breakfast Club for Men @ McDonald's 8-9:30am</p> <p><i>*Chair Yoga</i> 11am-12pm</p> <p>Brown Bag Lunch & Movie 1-3pm</p> <p> Euchre 1-3pm</p> <p>Fat Tuesday</p>	<p>14</p> <p>Cribbage 9-10am</p> <p>TOPS 9:30-11am</p> <p>Poker 10am-12pm</p> <p>Canasta 1:30-3:30pm</p> <p>Valentine's Day</p>	<p>15</p> <p><i>*Tai Chi</i> 9:30-10:30am</p> <p>BYOL Bingo (\$3) and Presidents' Day Trivia 12-2:30pm</p> <p><i>Supper Club</i> @ El Niagara 5-7pm</p> <p>* Must pre- register. *Transportation is not provided.</p>	<p>16</p> <p>*KEEP FIT & STRONG 10-11:30am</p> <p>Mah Jongg 10am-12:30pm</p> <p><i>Tech Wizards</i> *By appt. only 12:30-3:30pm</p> <p>Pinochle 1-4pm</p>	<p>17</p>
<p>18</p>	<p>19</p> <p>SOAR is closed.</p>  <p>Presidents' Day</p>	<p>20</p> <p><i>*Chair Yoga</i> 11am-12pm</p> <p>Bunco 1-3pm</p> <p>Euchre 1-3pm</p> <p>DIY Creative Workshop with Jen 12-1:30pm</p>	<p>21</p> <p>Cribbage 9-10am</p> <p>TOPS 9:30-11am</p> <p>Poker 10am-12pm</p> <p><i>Open Sew!</i> 1-4pm</p> <p>Canasta 1:30-3:30pm</p>	<p>22</p> <p><i>*Tai Chi</i> 9:30-10:30am</p> <p>Bingo(\$3) & Chicken Tender w/Mashed Potato Bar Lunch (\$5) 12-2:30pm</p> <p>* Pre-registration and pre-payment required.</p> <p>Social Hour @ Mixteca 5-7pm</p> <p>*Must pre- register. *Transportation is not provided.</p>	<p>23</p> <p>NO KEEP FIT & STRONG</p> <p>Mah Jongg 10am-12:30pm</p> <p>Pinochle 1-4pm</p>	<p>24</p>
<p>25</p>	<p>26</p> <p><i>*Balance, Strength & Stretch with Cindy</i> 10-11am</p> <p><i>*Tai Chi Evening</i> 6-7pm</p>	<p>27</p> <p><i>*Chair Yoga</i> 11am-12pm</p> <p>Brown Bag Lunch & Movie 1-3pm</p> <p>Euchre 1-3pm</p> <p><i>Loss of a Child Grief Group</i> 7-9pm</p> <p>*New people who are interested in learning more about this group should contact Laura Wassinger prior to attending a meeting.</p>	<p>28</p> <p>Cribbage 9-10am</p> <p>TOPS 9:30-11am</p> <p>Poker 10am-12pm</p> <p>LUNCH DATE @ Sweet Reds 11am-12:30pm</p> <p>*Transportation is not provided. *Must pre- register.</p> <p>Canasta 1:30-3:30pm</p>	<p>29</p> <p>NO *Tai Chi Dick's Day off</p> <p>Bingo's Day Off!</p> <p>Leap Year</p>		<p>1-18-24</p>

February is Black History Month