



March

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 *KEEP FIT & STRONG 10-11:30am Mah Jongg 10am-12:30pm Pinochle 1-3:30pm	2
3	4 <i>*Balance, Strength & Stretch with Cindy</i> 10-11am SOAR READS! BOOK CLUB The Heaven and Earth Grocery Store 1-3pm <i>*Tai Chi Evening</i> 6-7pm	5 *Chair Yoga 11am-12pm Bunco 1-3pm Euchre 1-3pm	6 Cribbage 9-10am TOPS! 9:30-11am Poker 10am-12pm Meeting of the Minds <i>The "New" Advisory</i> 1-2:30pm Canasta 1:30-3:30pm	7 <i>*Tai Chi</i> 9:30-10:30am BYOL Bingo (\$3) 12-2:30pm	8 *KEEP FIT & STRONG 10-11:30am Mah Jongg 10am-12:30pm SHIP Counseling 1-3pm *By appt. only Pinochle 1-3:30pm International Women's Day	9
10 Daylight Savings Time Begins	11 <i>*Balance, Strength & Stretch with Cindy</i> 10-11am <i>*Tai Chi Evening</i> 6-7pm	12 The Breakfast Club for Men 8-9:30am @ Isabel's *Chair Yoga 11am-12pm Brown Bag Lunch & Movie 1-3pm Euchre 1-3pm	13 Cribbage 9-10am TOPS! Game Day 9:30am-2pm Poker 10am-12pm Canasta 1:30-3:30pm	14 <i>*Tai Chi</i> 9:30-10:30am St. Patrick's Day Bingo(\$3) & Corned Beef Lunch (\$5) *Pre-registration and pre-payment are required. 12-2:30pm TRIVIA NIGHT @ STAGE LEFT CAFE 7-9pm *Please pre-register so a spot can be saved for you! Don't leave Laura hanging...	15 *KEEP FIT & STRONG 10-11:30am Mah Jongg 10am-12:30pm <i>Tech Wizards</i> *By appt. only 1-3pm Pinochle 1-3:30pm	16

17	18	19	20	21	22	23
St. Patrick's Day	<p><i>*Balance, Strength & Stretch with Cindy</i> 10-11am</p> <p>NEW! The Lonely Hearts Club 1-3pm</p> <p><i>*Tai Chi Evening</i> 6-7pm</p>	<p>Election Day</p> <p>SOAR is closed.</p> <p>1rst Day of Spring</p>	<p>Cribbage 9-10am</p> <p>TOPSI! 9:30-11am</p> <p>Poker 10am-12pm</p> <p>Open Sew! 1-3:30pm *Please sign-up to save your space.</p> <p>Canasta 1:30-3:30pm</p>	<p><i>*Tai Chi</i> 9:30-10:30am</p> <p>BYOL Bingo (\$3) 12-2:30pm</p> <p><i>Supper Club</i> @ Da Buffone's Different start time, this month only! 4:30-6:30pm * Must pre- register. *Transportation is not provided.</p>	<p>*KEEP FIT & STRONG 10-11:30am</p> <p>Mah Jongg 10am-12:30pm</p> <p>DIY Creative Workshop w/Jen 12-1:30pm</p> <p>Pinochle 1-3:30pm</p>	
Palm Sunday	<p><i>*Balance, Strength & Stretch with Cindy</i> 10-11am</p> <p><i>*Tai Chi Evening</i> 6-7pm</p>	<p>*Chair Yoga 11am-12pm</p> <p>Brown Bag Lunch & Movie 1-3pm</p> <p>Euchre 1-3pm</p>	<p>Cribbage 9-10am</p> <p>TOPSI! 9:30-11am</p> <p>Poker 10am-12pm</p> <p>LUNCH DATE @ Corner Square Cafe 11am-12:30pm *Must pre- register *Transportation is not provided.</p> <p>Canasta 1:30-3:30pm</p>	<p><i>*Tai Chi</i> 9:30-10:30am</p> <p>Bingo(\$3) & Celebrate Spring Brunch (\$5) 12-2:30pm *Pre-registration and pre-payment are required.</p> <p>Social Hour @ MobCraft 5-7pm *Must pre- register. *Transportation is not provided.</p>	<p>Good Friday</p> <p>SOAR is closed.</p>	
Easter	<p>Women's History Month</p>					<p>Revised as of 2-29-24 lw</p>

SOAR@Dorr is located at 1039 Lake Ave., Woodstock, in the Dorr Township Building. If you have questions about any of the activities listed here, please contact Laura Wassinger, director of SOAR@Dorr, or 815-338-0125 and at lauraw@dorrtownship.com, or check our website: www.dorrtownship.com for regular updates.

All wellness classes cost \$5 per class. Try your first class for free! An 8 punch \$25 Wellness Pass is also available. This pass can be applied to all classes designated by an (*), and does not expire.

To register for programs or events, sign up in person at: SOAR@Dorr, 1039 Lake Ave., Woodstock, by phone: 815-338-0125, or by the email listed above. All payments must be in the form of cash or check.