




# April

# 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 *Balance, Strength &amp; Stretch with Cindy 10-11am COOL BEADS 11am-12:30pm SOAR READS! BOOK CLUB Enough by Cassidy Hutchinson Don't forget to bring your book selections! 1-3pm *Tai Chi Evening 6-7pm April Fool's Day</p>	<p>2 *Chair Yoga 11am-12pm Bunco 1-3pm Euchre 1-3pm</p>	<p>3 Cribbage 9-10am TOPS! 11am 9:30-11am Poker 10am-12pm Brainstormers (aka Advisory) Ideas and opinions are encouraged and invited! 1-2:30pm Canasta 1:30-3:30pm</p>	<p>4 *Tai Chi 9:30-10:30am BYO Lunch &amp; April Fool's Jokes Bingo(\$3) 12-2:30pm</p>	<p>5 KEEP FIT &amp; STRONG 10-11:30am Mah Jongg 10am-12:30pm Pinochle 1-3:30pm</p>	<p>6</p>
7	<p>8 *Balance, Strength &amp; Stretch with Cindy 10-11am *Tai Chi Evening 6-7pm</p>	<p>9 *Chair Yoga 11am-12pm The Breakfast Club for Men 8-9:30am @ McDonald's Brown Bag Lunch &amp; Movie 1-3pm Euchre 1-3pm</p>	<p>10 Cribbage 9-10am TOPS! 9:30-11am Poker 10am-12pm Canasta 1:30-3:30pm</p>	<p>11 *Tai Chi 9:30-10:30am Pizza &amp; Salad Lunch &amp; Bingo (\$3) 12-2:30pm *Pre-registration and pre-payment are required.  TRIVIA NIGHT @ STAGE LEFT CAFE 7-9pm *Please pre-register so a spot can be saved for you! Don't leave Laura hanging...!</p>	<p>12 KEEP FIT &amp; STRONG 10-11:30am Mah Jongg 10am-12:30pm SHIP Counseling *By appt. only 1-3pm Pinochle 1-3:30pm</p>	<p>13</p>

- SOAR@Dorr is located at 1039 Lake Ave., Woodstock, in the Dorr Township Building. If you have questions about any of the activities listed here, please contact Laura Wassinger, director of SOAR@Dorr at 815-338-0125 or email [lauraw@dorrtownship.com](mailto:lauraw@dorrtownship.com); or check our website: [www.dorrtownship.com](http://www.dorrtownship.com) for regular updates.
- All wellness classes cost \$5 per class. Try your first class for free! An 8 punch \$25 Wellness Pass is also available. This pass can be applied to all classes designated by an (\*), and does not expire.
- To register for programs or events, sign up in person at: SOAR@Dorr, 1039 Lake Ave., Woodstock, by phone: 815-338-0125, or by the email listed above. All payments must be in the form of cash or check.

<p>14</p>	<p>15</p> <p><i>*Balance, Strength &amp; Stretch with Cindy</i> 10-11am</p> <p><i>*Tai Chi Evening</i> 6-7pm</p> <p>BEADED BRACELET WORKSHOP (\$5 pp.) 11:12:30pm</p> <p>*Pre-registration and pre-payment are required.</p> <p>National Tax Day</p>	<p>16</p> <p><i>NO Chair Yoga</i></p> <p><b>Bunco</b> 1-3pm</p> <p><b>Euchre</b> 1-3pm</p>	<p>17</p> <p><b>Cribbage</b> 9-10am</p> <p><b>TOPS!</b> 9:30-11am</p> <p><b>Poker</b> 10am-12pm</p> <p><b>Open Sew!</b> 1-3:30pm *Please sign-up to save your space.</p> <p><b>Canasta</b> 1:30-3:30pm</p>	<p>18</p> <p><i>*Tai Chi</i> 9:30-10:30am</p> <p>BYOL Bingo (\$3) 12-2:30pm</p> <p><i>Supper Club</i> @ Crandall's 5-7pm</p> <p>* Must pre- register. *Transportation is not provided.</p>	<p>19</p> <p><b>*KEEP FIT &amp; STRONG</b> 10-11:30am</p> <p><b>Mah Jongg</b> 10am-12:30pm</p> <p><i>Tech Wizards</i> *By appt. only 1-3pm</p> <p><b>Pinochle</b> 1-3:30pm</p>	<p>20</p>
<p>21</p>	<p>22</p> <p><i>*Balance, Strength &amp; Stretch with Cindy</i> 10-11am</p> <p><i>*Tai Chi Evening</i> 6-7pm</p> <p>Happy Shiny People Making Plans! 1-3pm</p>  <p>Earth Day</p>	<p>23</p> <p><i>*Chair Yoga</i> 11am-12pm</p> <p><b>Brown Bag Lunch &amp; Movie</b> 1-3pm</p> <p><b>Euchre</b> 1-3pm</p>	<p>24</p> <p><b>Cribbage</b> 9-10am</p> <p><b>TOPS!</b> 9:30-11am</p> <p><b>Poker</b> 10am-12pm</p> <p><b>LUNCH DATE</b> @ Hazel's 11am-12:30pm *Must pre- register *Transportation is not provided.</p> <p>DIY Creative Workshop w/ Jen &amp; Special Guest, Carolyn <b>PLANT SWAP!</b> 1-2:30pm</p> <p><b>Canasta</b> 1:30-3:30pm</p>	<p>25</p> <p><i>*Tai Chi</i> 9:30-10:30am</p> <p>Afternoon Tea Party (\$5) &amp; Bingo(\$3) W/ Special guest, SCVN's, Erica Snook 12-2:30pm *Pre-registration and pre-payment are required.</p> <p><i>Social Hour</i> @ Duke's Inferno 5-7pm *Must pre- register. *Transportation is not provided.</p>	<p>26</p> <p><b>*KEEP FIT &amp; STRONG</b> 10-11:30am</p> <p><b>Mah Jongg</b> 10am-12:30pm *Celebrating Nat'l Mah Jongg Day!</p> <p><b>Pinochle</b> 1-3:30pm</p>	<p>27</p>
<p>28</p>	<p>29</p> <p><i>*Balance, Strength &amp; Stretch with Cindy</i> 10-11am</p> <p><i>*Tai Chi Evening</i> 6-7pm</p>	<p>30</p> <p><i>*Chair Yoga</i> 11am-12pm</p> <p><b>Euchre</b> 1-3pm</p> <p>International Jazz Day</p>				<p>March 25, 2024</p>