





June

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 *Balance, Strength & Stretch with Cindy 10-11am COOL BEADS 11am-12:30pm SOAR READS! BOOK CLUB <u>The Secret Life of Sunflowers</u> by Marta Monar 1-3pm <i>No Tai Chi</i>	4 *Chair Yoga 11am-12pm Bunco 1-3pm Euchre 1-3pm	5 Cribbage 9-10am TOPS! 9:30-11am Poker 10am-12pm Advisory Meeting 1-2:30pm Canasta 1:30-3:30pm Gentle Mindful Yoga 6-7pm	6 <i>No Tai Chi</i> BYO Lunch & Bingo (\$3) 12-2:30pm	7 KEEP FIT & STRONG 10-11:30am Mah Jongg 10am-12:30pm Pinochle 1-3:30pm	8
9	10 *Balance, Strength & Stretch with Cindy 10-11am BOOK CLUB TV & BYO LUNCH 1-3pm <i>*Tai Chi Evening</i> 6-7pm	11 *Chair Yoga 11am-12pm The Breakfast Club for Men @ Taco Bell 8-9:30am Brown Bag Lunch & Movie 1-3pm Euchre 1-3pm	12 Cribbage 9-10am TOPS! 9:30-11am Poker 10am-12pm Tech Workshop w/Kurt Learn to Organize Phone Photos for Quicker Access (\$5) <small>*Requires pre-registration and pre-payment.</small> 1-2:30pm Canasta 1:30-3:30pm Gentle Mindful Yoga 6-7pm	13 <i>*Tai Chi</i> 9:30-10:30am Bingo (\$3) & Sloppy Joe Lunch (\$5) <small>*Requires pre-registration and pre-payment.</small> 12-2:30pm  TRIVIA NIGHT @ STAGE LEFT CAFE 7-9pm <i>* Join our new team...</i> <i>Name to be determined!</i>	14 KEEP FIT & STRONG 10-11:30am Mah Jongg 10am-12:30pm SHIP Counseling 1-3pm <small>By appt. only</small> Pinochle 1-3:30pm	15

<p>16</p> 	<p>17</p> <p>*Balance, Strength & Stretch with Cindy 10-11am</p> <p>COOL BEADS 11am-12:30pm</p> <p>BOOK CLUB TV & BYO LUNCH 1-3pm</p> <p>*Tai Chi Evening 6-7pm</p>	<p>18</p> <p>*Chair Yoga 11am-12pm</p> <p>Bunco 1-3pm</p> <p>Euchre 1-3pm</p> <p>DIY Creative Workshop w/Jen 1-2:30pm</p> <p>Pressed Floral Jars (\$5) *Requires pre-registration and pre-payment.</p>	<p>19</p>  <p>SOAR is closed.</p>	<p>20</p> <p>*Tai Chi 9:30-10:30am</p> <p>BYO Lunch & Bingo (\$3) 12-2:30pm</p> <p><i>Supper Club</i> 5-7pm</p> <p>@ Uprooted ~ Must pre- register. ~Transportation not provided.</p> <p>First Day of Summer</p>	<p>21</p> <p>KEEP FIT & STRONG 10-11:30am</p> <p>Mah Jongg 10am-12:30pm</p> <p>Pinochle 1-3:30pm</p>	<p>22</p>
<p>23</p>	<p>24</p> <p>*Balance, Strength & Stretch with Cindy 10-11am</p> <p>NEW! SOAR Explorers 1-3pm</p> <p><i>No Tai Chi</i></p>	<p>25</p> <p>*Chair Yoga 11am-12pm</p> <p>Brown Bag Lunch & Movie 1-3pm</p> <p>Euchre 1-3pm</p>	<p>26</p> <p>Cribbage 9-10am</p> <p>TOPS! 9:30-11am</p> <p>Poker 10am-12pm</p> <p>LUNCH DATE @ El Niagara 11am-12:30pm *Must pre- register *Transportation is not provided.</p> <p>Open Sew! 1-3:30pm *Please sign-up to save your space.</p> <p>Canasta 1:30-3:30pm</p> <p>Gentle Mindful Yoga 6-7pm</p>	<p>27</p> <p>*Tai Chi 9:30-10:30am</p> <p>Bingo (\$3) & Salad Bar Lunch (\$5) *Requires pre-registration and pre-payment. 12-2:30pm</p> <p>Social Hour @Sofie's 5-7pm ~Must pre- register. ~Transportation is not provided.</p>	<p>28</p> <p>KEEP FIT & STRONG 10-11:30am</p> <p>Mah Jongg 10am-12:30pm</p> <p>Pinochle 1-3:30pm</p>	<p>29</p>
<p>30</p>						

- SOAR@Dorr is located at 1039 Lake Ave., Woodstock, in the Dorr Township Building. If you have questions about any of the activities listed here, please contact Laura Wassinger or Lynda Rohe, Co-Directors of SOAR@Dorr, weekdays between the hours of 9am-4pm at 815-338-0125 (office). Or email: lauraw@dorrtownship.com or lynda@dorrtownship.com. Visit www.dorrtownship.com for regular updates and additional information.
- All wellness classes cost \$5 per class. Try your first class of each option for free! An 8 punch \$25 Wellness Pass is also available. This pass can be applied to all fitness/wellness classes designated by an (*), and does not expire.
- Most programs at SOAR@Dorr are free. Programs or events that require payment are designated by an *. Sign up in person at: SOAR@Dorr, 1039 Lake Ave., Woodstock, by phone: 815-338-0125, or by the email listed above. All payments must be in the form of cash or check paid to *Dorr Township*.