




December

2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	<p>*Balance, Strength & Stretch w/ Cindy 10-11am</p> <p>COOL BEADS 11am- 12:30pm</p> <p>Fit & Strong #21 1-2:30pm <i>Must be a registered participant.</i></p> <p>SOAR Reads! Book Club 1-3pm</p> <p><i>Tai Chi Evening</i> 5-6pm</p>	<p>*Chair Yoga 11am-12pm</p> <p>Bunco 1-3pm</p> <p>Euchre 1-3pm</p>	<p>Cribbage 9-10am</p> <p>Fit & Strong #22 9:30-11am <i>Must be a registered participant.</i></p> <p>TOPS! 9:30-11am</p> <p>Poker 10am-12pm</p> <p>SOAR Advisory Meeting 1-2:30pm *Everyone is invited!</p> <p>Canasta 1:30-3:30pm</p>	<p>*Tai Chi 9:30-10:30am</p> <p>BYO Lunch & Bingo (\$3) 12-2:30pm</p> <p>Supper Club 5-7pm</p> <p>@ Squire on the Square <i>*Must pre-register. *Transportation not provided.</i></p>	<p>*KEEP FIT & STRONG 10-11:30am</p> <p>Mah Jongg 10am-12:30pm</p> <p>Pinochle 1-3:30pm</p>	
8	9	10	11	12	13	14
	<p>*Balance, Strength & Stretch w/ Cindy 10-11am</p> <p>Fit & Strong #23 1-2:30pm <i>Must be a registered participant.</i></p> <p><i>Tai Chi Evening</i> 5-6pm</p>	<p>*Chair Yoga 11am-12pm</p> <p>Breakfast Club for Men @ Isabel's 8-9:30am</p> <p>Euchre 1-3pm</p> <p>DIY Creative Workshop w/Jen 2-3:30pm</p> <p>* Holiday Door Swag (\$10pp) <i>*Please pre-register and pre-pay</i></p>	<p>Cribbage 9-10am</p> <p>Poker 10am-12pm</p> <p>Final Fit & Strong #24 9:30-11am <i>Must be a registered participant.</i></p> <p>TOPS! Holiday Party 10am-3pm <i>*For current TOPS members</i></p> <p>Fit & Strong Celebration! 11am-12:30pm <i>*Limited to class participants. *Pre-register to have some fun!</i></p> <p>Canasta 1:30-3:30pm</p>	<p>*Tai Chi 9:30-10:30am</p>  <p>SOAR Holiday Party Lunch, Entertainment and the Holiday Raffle! (\$10pp) 12-2:30pm <i>*Must pre-register and pre-pay.</i></p>	<p>*KEEP FIT & STRONG 10-11:30am</p> <p>Mah Jongg 10am-12:30pm</p> <p>Pinochle 1-3:30pm</p>	

15	16	17	18	19	20	21
<p><i>*Balance, Strength & Stretch w/ Cindy</i> 10-11am</p> <p>COOL BEADS 11am- 12:30pm</p> <p>SOAR Explorers Meeting Reg. Time - 1-2:30pm</p> <p><i>Tai Chi Evening</i> 5-6pm</p>	<p><i>*Chair Yoga</i> 11am-12pm</p> <p>*Brown Bag Lunch & Movie 1-3pm</p> <p><i>Bunco</i> 1-3pm</p> <p><i>Euchre</i> 1-3pm</p>	<p>Cribbage 9-10am</p> <p>Poker 10am-12pm</p> <p>TOPS! 9:30-11am</p> <p>LUNCH DATE @ Chop Suey Hut 11:00-1:00pm *Must pre-register. Transportation not provided.</p> <p>Everything Fiber! 1-3:30pm <i>From Crocheting to Spinning- Bring your Projects!</i> *Please sign up to save a spot!</p> <p>Canasta 1:30-3:30pm</p>	<p><i>*Tai Chi</i> 9:30-10:30am</p> <p>BYO Lunch & Bingo (\$3) 12-2:30pm</p> <p>Social Hour @ Sofie's 5-7pm *Please pre-register at SOAR. *Transportation not provided.</p>	<p>NO Keep Fit & Strong!</p> <p><i>Mah Jongg</i> 10am-12:30pm</p> <p><i>Pinochle</i> 1-3:30pm</p>		
22	23	24	25	26	27	28
	SOAR is Closed.	Christmas Eve SOAR is Closed.	Christmas Day SOAR is Closed.	SOAR is Closed.	SOAR is Closed.	
29	30	31				11/22/'24 Check regularly for updates!
	SOAR is Closed.	New Year's Eve SOAR is Closed.				

SOAR@Dorr is located in the Dorr Township Building at 1039 Lake Ave, Woodstock
Hours: 9-4pm Monday-Friday, and for evening activities as noted on the calendar.

Regular weekly drop-in programs at SOAR@Dorr are free. Programs or events that require payment are designated by a (*).

All wellness/fitness classes are \$5 per class, *but* try your first one for free!

A \$25, 8 punch fitness pass is available. It does not expire, and is transferable to all fitness/wellness classes.

Questions?

Call: 815-338-0125

Ask for: Laura Wassinger, Director of Programs

Lynda Rohe, Director of Services



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