

# SOAR EXPLORERS ADVENTURE

SAT. FEB. 15TH, '25

9:45-11AM

## GUIDED MEDITATION AT THE BLUE LOTUS TEMPLE

Explore the transformative potential of the practice of meditation.



Wear comfortable clothes. Mats and chairs are provided.  
It is free to participate but donations are valued.

Questions?  
Contact: Laura Wassinger or Lynda Rohe  
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