

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	<p>3</p> <p><b>*Balance, Strength &amp; Stretch w/ Cindy</b> 10-11am</p> <p><b>Cool Beads</b> 11am- 12:30pm</p> <p><b>SOAR Reads! Book Club</b> 1-3pm</p> <p><b>*Tai Chi</b> 4-5pm</p>	<p>4</p> <p><b>*Chair Yoga</b> 11am-12pm</p> <p><b>Bunco</b> 1-3pm</p> <p><b>Euchre</b> 1-3pm</p>	<p>5</p> <p><b>Cribbage</b> 9-10am</p> <p><b>TOPS!</b> 9:30-11am</p> <p><b>*KEEP FIT &amp; STRONG</b> 10-11:15am</p> <p><b>Poker</b> 10am-12pm</p> <p><b>SOAR Advisory Mtg.</b> 1-2:30pm</p> <p><b>Canasta</b> 1:30-3:30pm</p>	<p>6</p> <p><b>*Tai Chi</b> 9:30-10:30am</p> <p><b>BYO Lunch &amp; Bingo (\$3)</b> 12-2:30pm</p> <p><b>Supper Club @DC Cobb's</b> 5-7pm *Must pre-register. *Meet at the restaurant.</p>	<p>7</p> <p><b>*KEEP FIT &amp; STRONG</b> 10-11:15am</p> <p><b>Mah Jongg</b> 10am-12:30pm</p> <p><b>*Chair Yoga</b> 1pm-2pm</p> <p><b>Pinochle</b> 1-3:30pm</p>	8
9	<p>10</p> <p><b>*Balance, Strength &amp; Stretch w/ Cindy</b> 10-11am</p> <p><b>SOAR Explorers Mtg. @ Wendy's</b> 1-2:30pm</p> <p><b>*Tai Chi</b> 4-5pm</p>	<p>11</p> <p><b>*Chair Yoga</b> 11am-12pm</p> <p>The Breakfast Club for Men @ Wendy's 8-9:30am</p> <p><b>Brown Bag Lunch &amp; Movie</b> 1-3pm *Please pre-register.</p> <p><b>Euchre</b> 1-3pm</p>	<p>12</p> <p><b>Cribbage</b> 9-10am</p> <p><b>TOPS!</b> 9:30-11am</p> <p><b>*KEEP FIT &amp; STRONG</b> 10-11:15am</p> <p><b>Poker</b> 10am-12pm</p> <p><b>WEDNESDAY WORKSHOP Woodstock Garbage Tote Sign-up Assistance</b> 1-2:30pm</p> <p><b>Canasta</b> 1:30-3:30pm</p>	<p>13</p> <p><b>*Tai Chi</b> 9:30-10:30am</p> <p><b>St. Pat's Day Lunch (\$10) &amp; Bingo (\$3)</b> 12-2:30pm *Must pre-register and pre-pay.</p> <p><b>TRIVIA NIGHT @ Stage Left Cafe</b> 7-9pm *Please pre-register.</p>	<p>14</p> <p><b>*KEEP FIT &amp; STRONG</b> 10-11:15am</p> <p><b>Mah Jongg</b> 10am-12:30pm</p> <p><b>*Chair Yoga</b> 1pm-2pm</p> <p><b>Pinochle</b> 1-3:30pm</p> <p>Pi Day</p>	15
16	<p>17</p> <p><b>*Balance, Strength &amp; Stretch w/Cindy</b> 10-11am</p> <p><b>Cool Beads</b> 11am- 12:30pm</p> <p><b>*Tai Chi</b> 4-5pm</p>	<p>18</p> <p><b>*Chair Yoga</b> 11am-12pm</p> <p><b>Bunco</b> 1-3pm</p> <p><b>Euchre</b> 1-3pm</p> <p><b>JEN'S DIY WORKSHOP: Hungry Birds</b> 2-3:30pm *Please pre-register and pre-pay.</p>	<p>19</p> <p><b>Cribbage</b> 9-10am</p> <p><b>TOPS!</b> 9:30-11am</p> <p><del>Cancelled! KEEP FIT &amp; STRONG 10-11:15am</del></p> <p><b>Poker</b> 10am-12pm</p> <p><b>FIBER ARTS</b> 1-3:30pm *Please sign up, and bring your projects!</p> <p><b>Canasta</b> 1:30-3:30pm</p>	<p>20</p> <p><b>*Tai Chi</b> 9:30-10:30am</p> <p><b>BYO Lunch &amp; Bingo (\$3)</b> 12-2:30pm</p> <p><b>Social Hour @Olive Black Lounge</b> 5-7pm *Please pre-register at SOAR. *Meet at the Lounge.</p> <p>Ist Day of Spring!</p>	<p>21</p> <p><b>*KEEP FIT &amp; STRONG</b> 10-11:15am</p> <p><b>Mah Jongg</b> 10am-12:30pm</p> <p><b>*Chair Yoga</b> 1pm-2pm</p> <p><b>Pinochle</b> 1-3:30pm</p>	22

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24 <b>*Balance, Strength &amp; Stretch w/Cindy</b> 10-11am  <b>*Tai Chi</b> 4-5pm	25 <b>*Chair Yoga</b> 11am-12pm  <b>Brown Bag Lunch &amp; Movie</b> 1-3pm *Please pre-register.  <b>Euchre</b> 1-3pm	26 <b>Cribbage</b> 9-10am  <b>TOPS!</b> 9:30-11am  <b>*KEEP FIT &amp; STRONG</b> 10-11:15am  <b>Poker</b> 10am-12pm  <b>LUNCH DATE @ Isabel's</b> 11:00-12:30pm *Must pre-register. *Meet at the restaurant.  <b>Canasta</b> 1:30-3:30pm	27 <b>*Tai Chi</b> 9:30-10:30am  <b>Sloppy Joe Lunch (\$5) &amp; Bingo (\$3)</b> 12-2:30pm *Must pre-register and pre-pay.	28 <b>*KEEP FIT STRONG</b> 10-11:15am  <b>Mah Jongg</b> 10am-12:30pm  <b>*Chair Yoga</b> 1pm-2pm  <b>Pinochle</b> 1-3:30pm	29
30	31 <b>*Balance, Strength &amp; Stretch w/Cindy</b> 10-11am  <b>*Tai Chi</b> 4-5pm		Women's History Month	National Nutrition Month	National Reading Month	

SOAR@Dorr is located in the Dorr Township Building at 1039 Lake Ave, Woodstock . The SOAR entrance is on the west side of building.  
 Hours: 9-4pm Monday-Friday. Evening /Weekend activities are as noted on the calendar.

All wellness/fitness classes are \$5 per class, but try your first one of each type for free!  
 A \$25, 8-punch fitness pass is available . It does not expire, and is transferable to all fitness/wellness classes.

Questions? Call: 815-338-0125, Ask for: Laura Wassinger, Director of Programs or Lynda Rohe, Director of Services  
 Email: [lauraw@dorrtownship.com](mailto:lauraw@dorrtownship.com) or [lynda@dorrtownship.com](mailto:lynda@dorrtownship.com)  
 Website: [www.dorrtownship.com/soar@dorr](http://www.dorrtownship.com/soar@dorr)